

116 — SHIRTS OF RUSSIA & UKRAINE

YARDAGE REQUIREMENTS AND SIZING

Note: To be sure of your size, check **Width at Lower Edge**, below; this should be at least 4"/10cm larger than your hip measurement.

Size	Equivalent	Finished Width at Lower Edge
Extra-Small	Women's sizes 6-8	41"/1.04m
Small	Men's size 36; Women's 10-12	43"/1.09m
Medium	Men's sizes 38-40; Women's 14-16	46"/1.17m
Large	Men's sizes 42-44; Women's 18-20	50"/1.27m
Extra-Large	Men's size 46	54"/1.37m

Note: Fabrics with nap, pile, or one-way design are not suitable for this garment.

All Views

Fabric Width	Extra-Small			
	Small, Medium	Large	Extra-Large	
36"/ 91cm	3½ 3.2	3⅝ 3.31	3¾ 3.44	yds m
45"/ 115cm	2¼ 2.05	3⅝ 3.31	3¾ 3.44	yds m

For each 1"/2.5cm you wish to lengthen (shorten), add (subtract) 2"/5cm to above yardages.

Finished back length from nape of neck: (Medium) 27"/68.5cm.

OPTIONAL BRAID TRIM

	View A	View B	View C	
	½"/13mm wide	1"/2.5cm wide	1"/2.5cm wide	
Collar and cuffs	1¾ 1.6	1¼ 1.14	1¾ 1.6	yds m

2"/5cm wide* 2"/5cm wide* 2"/5cm wide*

Opening or placket	⅞ 80.3	⅞ 80.3	¾ 34.5	yds cm
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*You may buy 1"/2.5cm braid, and double the amount given.

MATERIALS FOR EMBROIDERY

See **Shirt Lore and Traditional Embroidery Designs**, inside pattern.